

實踐大學心理分析 碩專班及附屬診所

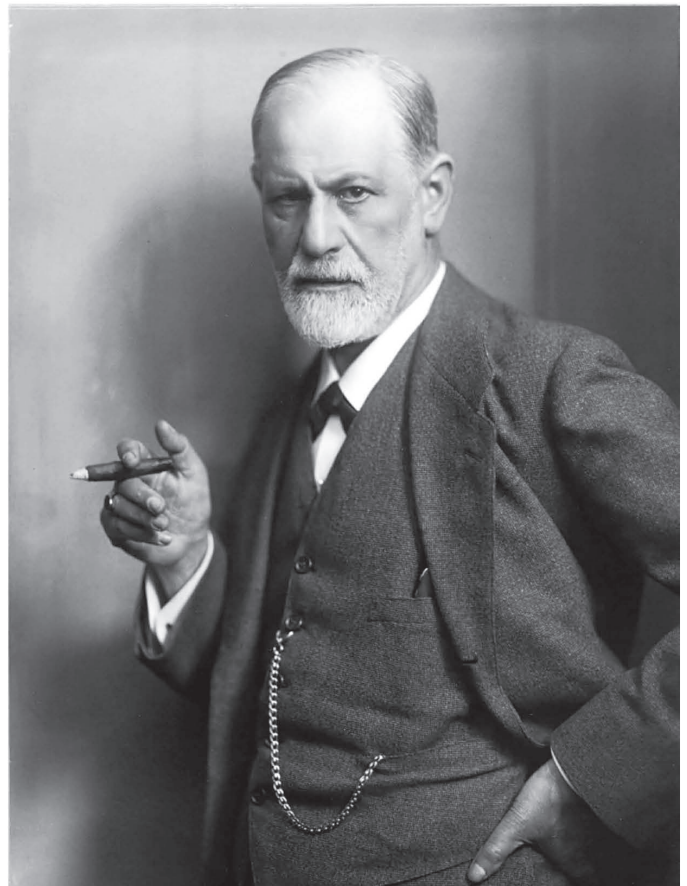
心理分析碩專班王浩威副教授

心理分析碩專班徐碧貞助理教授

緣起與成立目的

二十年前，臺灣心理治療的學習是十分有限的，特別是專門流派的學習，幾乎只能到國外進修，唯一例外是薩提爾家族治療和團體心理治療的訓練。這些年來，不同取向、不同流派的心理治療開始在臺灣逐步發展，逐漸建立起各自的訓練課程。心理治療在臺灣的發展，大多由學會這類民間組織推動，維持長久持續的培訓往往是最大的挑戰。而今，臺灣榮格心理學會首度與實踐大學合作，跳脫框架引領心理治療在臺灣的發展。

臺灣榮格心理學會隸屬於國際分析心理學會(International Association of Analytical Psychology, IAAP)，戮力在臺灣推動榮格心理治療取向的訓練，目前已經擁有 13 位領有國際分析心理學會(IAAP)認證的榮格分析師，是個邁向成熟的訓練及研究組織。本創舉乃由實踐大學提供豐富的教學經驗和資源，結合以臺灣榮格心理學會為主的榮格分析師之專業，成立



佛洛伊德 / Sigmund Freud (1856-1939)

實踐大學心理分析碩士在職專班，這將是臺灣心理治療與心理諮商在教育 and 研究發展等領域再向前邁進的一大突破性嘗試。

課程特色

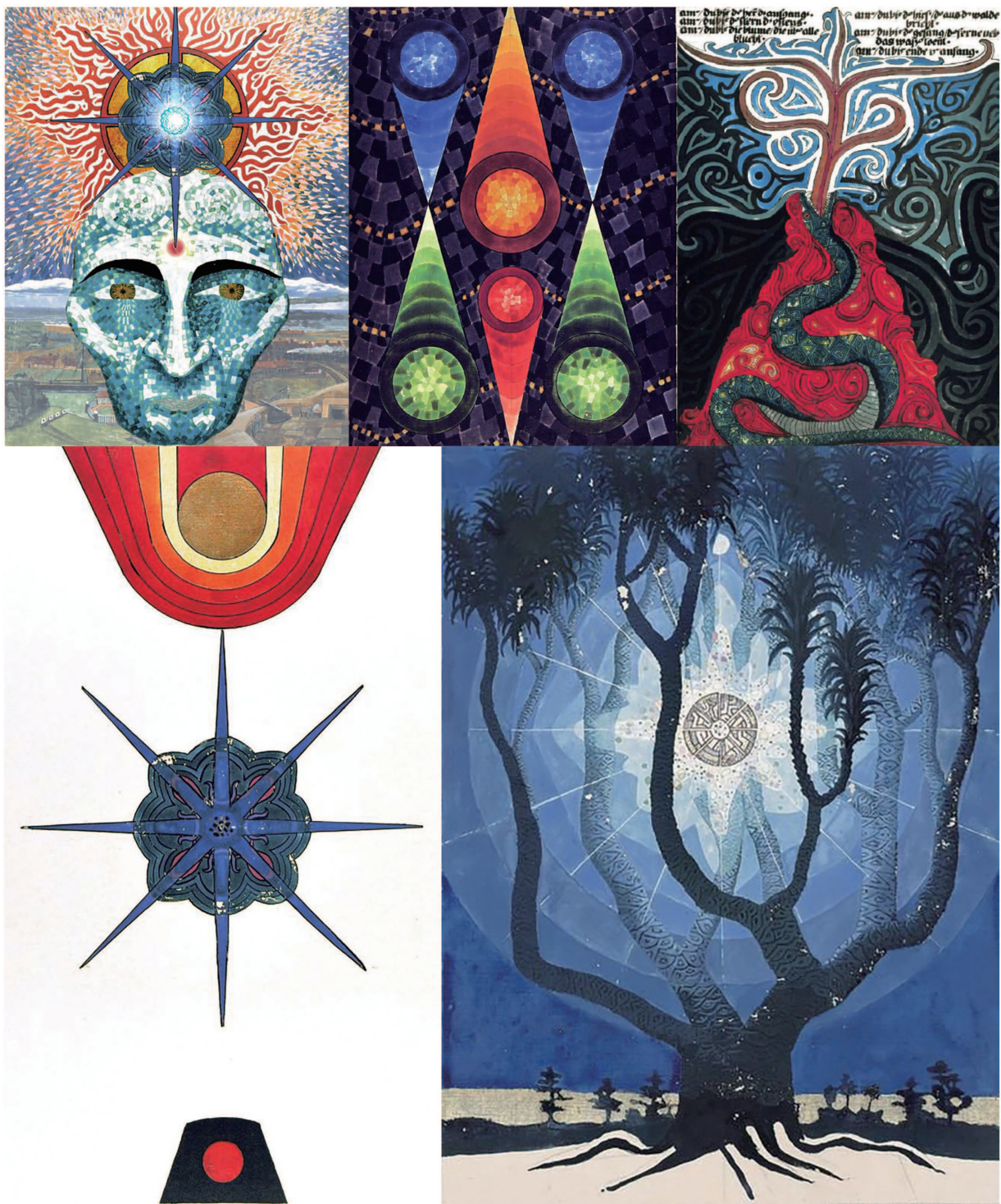
心理分析碩專班成立宗旨是整合榮格心理治療和精神分析取向心理治療，以英國倫敦學派作為主要模式。從無意識發展的歷史脈絡，認識佛洛伊德和榮格的無意識心靈結構，再進入到無意識與心靈在臨床的表現和應用，延續討論更深層的集體無意識。心理分析碩專班課程將以實務工作為主軸，同時強調理論的學習和探討，透過三大核心工作，包括分析取向團體動力、深度心理學和分析取向心理治療督導與實務，藉此打開心靈深度。三大核心課程詳細內容如下：

分析取向團體動力：分析取向團體動力將以人際關係為核心，探索、理解人我關係裡的界線、分離、抵抗和防衛，進而被勾引出的強烈情感與團體無意識。透過實際進入團體與他者互動看見關係中所展現的無意識動力與情結作用，諸如：阿尼瑪、阿尼姆斯、移情與反移情以及心理類型等對關係的影響。



榮格之心靈中的潛意識

The Unconscious in the mind by Jung in The Red Book



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4	5	

1. 榮格之面具
The persona of Jungian Psychology
2. 分析心理學
Analytical psychology by Jung
3. 榮格之情節
The complex by Jung
4. 榮格之能量對立
The opposites of Jungian Psychology
5. 榮格之夢境
Psychology of Dreams by Jung

深度心理學理論：深度心理學兼具理論與體驗。在理論方面，佛洛伊德和榮格理論之間存有許多趨同與分歧，而佛洛伊德學派與榮格學派的對話至今仍持續著。在深度心理學理論上，將研究佛洛伊德、當代精神分析、榮格與後榮格等理論延展；而深度心理學體驗則為經驗式的學習歷程，從實際實驗、觀察與意象工作，經由積極想像作為探索方法，其中，會與日常生活中的「元質」工作，可能是與個人相關議題的探問、被激起的情緒或一股模糊的心情或心境、夢境、問題與困境、感到興趣的象徵等等，抱持一份開放的態度接受無意識引導，允許個人靈魂表現開展。

分析取向心理治療與督導：此課程目的在於協助心理治療理論與臨床實務結合，在督導團體內提供反思空間，針對臨床工作進行深度檢視與統整，有助於提升理論與實務整合的能力。



榮格心理學朝向個體化邁進
Self individuation process by Jungian Psychology

專業師資	職級	經歷	專長
 王浩威	副教授	國際分析心理學會(IAAP) 榮格分析師、精神科醫師	榮格心理分析、動力心理治療、 青少年心理學及精神醫學、 社會與文化精神醫學
 鄧惠文	副教授	國際分析心理學會(IAAP) 榮格分析師、精神科醫師	榮格心理學、伴侶與家庭治療、 人際思維的拆解與重構、 自性與個體化歷程心理探索
 洪素珍	副教授	國際分析心理學會(IAAP) 榮格分析師、 英國曼徹斯特大學認證戲劇治療師	戲劇治療、創傷治療、 性侵害及家庭暴力、 分析取向心理治療、 客體關係取向、兒童心理治療
 呂旭亞	副教授	國際分析心理學會(IAAP) 榮格分析師、諮商心理師	夢與象徵、童話分析、榮格分析、 表達性藝術治療與超個人心理學
 徐碧貞	助理教授	國際分析心理學會(IAAP) 榮格分析師、諮商心理師	榮格心理學、夢之分析

未來願景

為了落實與加強心理分析實務，本校正籌設成立身心科診所，培訓分析取向心理治療臨床實務工作人才，豐富臨床心理治療實務經驗，同時讓專業治療擴及於社區。在學術上，爾後本校將繼續開設分析取向兒童心理治療學程班，以及成立心理分析博士班，培育更多專業實務與研究人才。

Shih Chien University

Department of Family Studies and Child Development

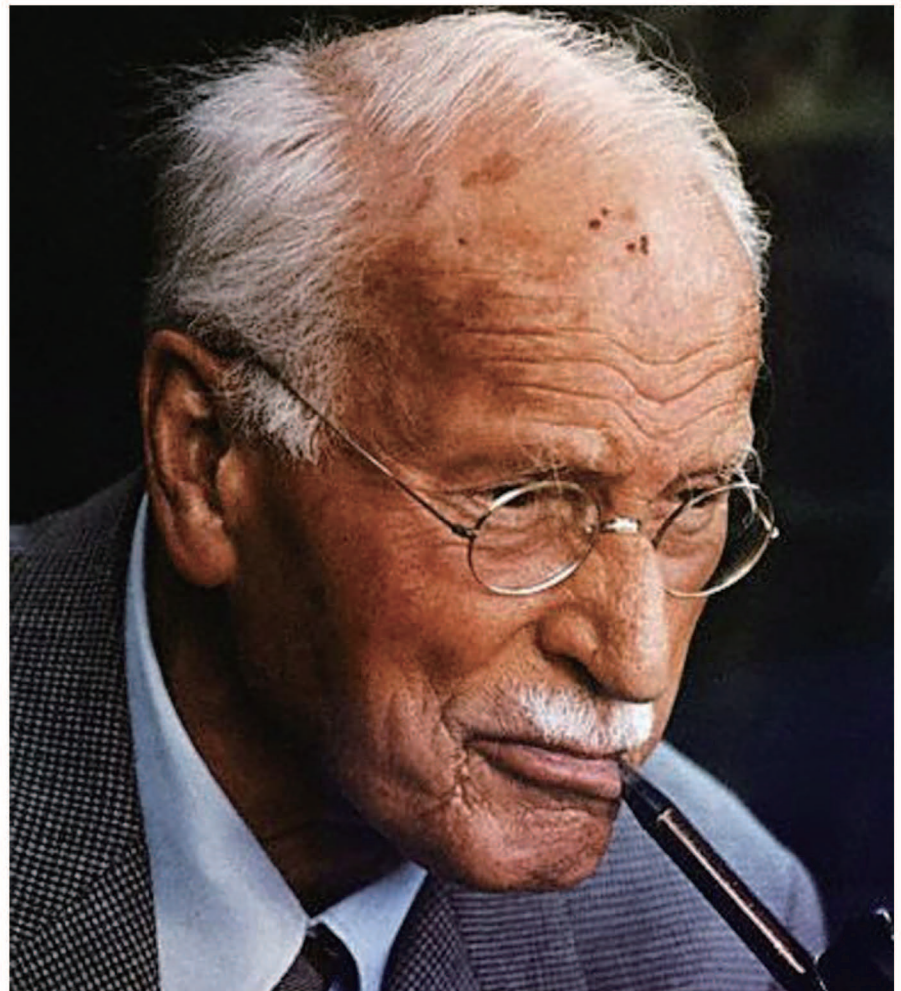
M.A. IN ANALYTICAL PSYCHOLOGY

Wang Hao-Wei, M.A. (王浩威) / Hsu Pi-Chen, Ph.D. (徐碧貞)

Historical Context & Mission

Twenty years ago, the study of psychotherapy in Taiwan was very limited, especially for the specialized therapy approach, which was almost limited to overseas studies. The only exception was training in the Satir model for family therapy and in group psychotherapy. Over the years, different approaches and schools of psychotherapy have gradually developed and they have established their own training courses. The development of psychotherapy and counseling in Taiwan is mostly based on learning from non-governmental organizations, and the sustainability of training is often the biggest challenge. At present, in collaboration with the Taiwan Society of Analytical Psychology(TSAP), Shih Chien University will bring further development to psychotherapy and counseling in Taiwan.

The TSAP is affiliated with the International Association for Analytical Psychology(IAAP),and it is committed to promoting the training of Analytical Psychology in Taiwan. Currently, there are 13 Jungian analysts being certified by



卡爾榮格

Carl Gustav Jung (1875-1961)

the IAAP. The TSAP aims to provide clinical training and develop the research competence of its members. Under this innovative M.A. program, Shih Chien University will provide a wealth of teachings resources, and the TSAP analysts will contribute their expertise. As might be expected, the master's program in Analytical Psychology will further the progress of the

teaching and researching of psychotherapy.

Courses

This master's program in Analytical Psychology integrates Jungian psychotherapy and psychoanalysis, placing emphasis on the London School of Analytical Psychology. Through exploring the

historical context of the unconscious, students will understand both Freud's and Jung's models of the unconscious. Then, the focus of study will be on clinical manifestations and applications of the unconscious, and will continue with the topic of collective unconsciousness.

The M.A. in Analytical Psychology will focus on clinical practice and theoretical study. This is accomplished through three core tasks: a process group, depth psychology, and clinical consultation. Details of the three core tasks are:

Process Group: The core factor of a process group is interpersonal interaction. In the group, members will explore and understand issues related to boundaries, separation, resistance and defense in the relationships with the self and others. Moreover, members will examine the strong emotions and group unconscious triggered in the field. Through experiencing others in the group, members will have direct contact with unconscious dynamic and complex features, such as anima, animus, transference and counter-transference, and psychological types.

Depth Psychology: The learning of depth psychology will combine theory with experience. In theory, there are differences and similarities between Freud's psychoanalysis and Jung's analytical psychology. It is an on-going dialogue between the two approaches. The students will learn Freud's theory, contemporary psychoanalysis, Jung's theory and Post-Jungian perspectives. As to experience, the course is designed as a primarily experiential learning process for students to experiment and observe the process of working with images. Students will be using art making as a form of active imagination. Students will work with the "prima materia" of daily life (perhaps a personal inquiry, something that has been activated by the training experience, a dream, a dilemma, a symbol that has captured their interest, a vague mood or state, a question and so on) and invite the unconscious to guide them with the hopes of revealing an expression of the soul.

Clinical Consultation: The purpose of this course is to assist the integration of theory and practice. The consultation group will provide a space for reflection. Students can have a thorough and systematic review of their clinical work, which is intended to facilitate competence in theory integration and clinical practice.



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1. 榮格之心靈
The psyche
2. 榮格心理學
Jungian Psychology

Faculty



Wang Hao-Wei

Jungian Analyst of the International Society for Analytical Psychology(IAAP), Psychiatrist.

Specialties: Jungian Psychoanalysis, Object Relations Theory, Dynamic Psychotherapy, Psychiatry, Adolescent Psychotherapy, Social and Cultural Psychology.



Deng Huei-Wun

Jungian Analyst of the International Society for Analytical Psychology(IAAP), Psychiatrist.

Specialties: Jungian Psychology, Couples and Family Therapy, The Dismantling and Reconstruction of Interpersonal Thinking, The Self and Individuation Process.



Hong Su-Chen

Jungian Analyst of the International Society for Analytical Psychology(IAAP), Counseling Psychologist, Drama Therapist.

Specialties: Drama Therapy, Trauma Therapy, Sexual Assault and Domestic Violence, Analytical Psychology, Object Relations Approach, Child Psychotherapy.



Lyu Syu-Ya

Jungian Analyst of the International Society for Analytical Psychology(IAAP), Counseling Psychologist.

Specialties: Dreams and Symbols, Fairy Tales Interpretation, Jungian Analysis, Expressive Arts Therapy, and Transpersonal Psychology.



Hsu Pi-Chen

Jungian Analyst of the International Society for Analytical Psychology(IAAP), Counseling Psychologist, Clinical Psychologist.

Specialties: Jungian Psychology, Dream Interpretation.

Vision

- 1.Establish a Shih Chien University-affiliated psychotherapy clinic: to provide training and clinical practice of analytical psychology and to offer affordable psychotherapy to adults and children in the community who are interested in long-term depth psychotherapy informed by Jungian theory.
- 2.Establish a training program on child analysis.
- 3.Establish a doctoral program in Analytical Psychology.